# Lesson Plan



2023-1-SK01-KA220-SCH-00015112

| Topic              | Health - Health protection       |                          |  |  |  |
|--------------------|----------------------------------|--------------------------|--|--|--|
| Block Title        | Measuring UV radiation intensity |                          |  |  |  |
| Age category 13-15 | <b>Duration(min)</b> 135 min     | Number of teaching hours |  |  |  |

### Student-oriented educational goals (content and performance standards)

Science: being able to explain the meanings of the terms pH, carbon dioxide, light intensity as a physical quantity, noise as a physical quantity.

Mathematics: calculation of CO2 content in the air based on measured data Technology / ICT: micro:bit programming, micro:bit connection

Art and Design: creation of the packaging of the measuring device

21st century skills: master the basics of programming, application of programming as part of everyday life

## Didactic aids and didactic technology:

- Microbit,
- Analog UV sensor (Smart health kit)
- computer/notebook
- video:

- https://www.youtube.com/watch?v=xcOKOIl\_kow,
- https://rlx.sk/sk/microbit/8536-microbit-smart-health-kit-without-microbit- boardef08256.html

#### **References / Resources** (videos, methodology):

- ISCED 2,
- https://www.youtube.com/watch?v=xc0K0II kow,
- https://rlx.sk/sk/microbit/8536-microbit-smart- health-kit-without-microbit-board-ef08256.html

#### **Motivational phase:**

Duration (min): 20-25 min

**Objective (student-oriented):** can distinguish the danger of UV radiation, knows how to protect against UV radiation, can distinguish UVA/UVB

#### **Introductory activity - motivation:**

**Introduction to the issue (key words):** The use of images (Microbit) to estimate the topic of block teaching Interactive questions and answers (teacher, student):

- How does sunlight affect a person?
- What are the risks associated with UV radiation (diseases, skin disease...)?
- What is the difference between UVA and UVB radiation?
- How can you protect yourself from sunlight? What does the SPF factor mean?

Source view: video

**Explanation of the purpose of the activity:** The pupils should find out what the topic of the lesson is based on the pietures in Microbit and based on the questions.

**Setting expectations:** Pupils understand the importance of UV protection

#### **Exposure Phase (Exploration):**

Duration (min): 90-100 min

**Objective:** Spark interest in programming.

**Science integration (main subject):** Activities: Determine UV radiation levels (safe, unsafe).

Computer Science integration (use of micro:bit): Activities: Program a micro:bit to measure UV

radiation and, at a certain threshold, alert users to apply protection.

**Group discussion:** What they enjoyed the most, how they felt about the work/programming (challenging or not challenging), and whether they were motivated by the prize (beach gear).

#### **Exposure phase (exploration):**

Duration (min): 145

**Objectives:** make a headband using a 3D printer, program a miere-bit with an ice band, and decorate it with textile elements.

**Integration of science (major subject):** Activities: creation of a headband, application of physical phenomena

Informatics integration (micro:bit integration): Activities: microbit programming

**Group discussion:** Review and evaluation of the exposition phase (from the pupil's point of view): evaluation of pupils, use of the fashion accessory produced to evaluate the activity, Criteria for evaluating the student's work:

- functionality
- aesthetics
- creativity

#### Fixation phase (fixing and deepening):

**Duration (min): 30** 

**Objective:** to design own fashion accessory using microbit

**Activities:** Design your own fashion accessory with microbit application.

#### **Pupil assessment:**

Criteria for evaluating the student's work:

- functionality
- aesthetics
- creativity

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